

M.A. DANCE PROJECT

2023-2024

LEVEL GUIDELINES

A word about our levels.

Unlike grade levels in school, students do not necessarily move to the next level each year. We have a great deal of curriculum to cover in each level and we want to make sure that the student is comfortable, strong, confident and technically correct before moving up. Some students may take a level for a few years, others may move through a level in less time. The determination is made on an individual basis by the instructor. Each student progresses at his or her own pace. Students advance to more challenging levels as they safely master the requisite skills and techniques, not specific combinations. Please be patient and encouraging with your child. Dance is an art form and cannot be rushed.

Ages 3.5-4

This age group is all considered introductory and pre-level. Imaginative play with live singing, structured explorations and skill development is taught in class. This class offers an outlet for creative expression, physical growth and social interaction.

Level 1-2

Beginner dancers ages 5+ and/or who have completed. The curriculum is a continuation of all the elements of fun but introducing more class structure and brand new material that dancers of this age are better equipped to execute because of their maturity and body awareness.

Level 2 + 2-3

Intermediate dancers ages 8+. Curriculum advances into maintaining proper posture, body alignment and confidently dancing with coordination and age/maturity appropriate technique goals.

Level 4-5

High Intermediate/Advanced dancers. Curriculum challenges students to take individual responsibility for proper posture, body alignment and advanced/mature coordination, knowledge of and executing technique with precision and artistry.

Open Level

Class will be taught to the levels of the dancers in each class.

Pointe 1-2

Curriculum is for dancers with 3 or less years. These dancers should not take the advanced ballet class in pointe shoes and dancers are invited by the instructor to participate in pointe classes.

No gum in studio. And no heavy jewelry.
We recommend Movin Easy for dance apparel and shoes.